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FOR IMMEDIATE RELEASE

October is National Breast Cancer Awareness Month

Traverse City, MI, October 6, 2025 – October is recognized nationwide as Breast Cancer Awareness Month, a time when communities come together to support those affected by breast cancer and to raise awareness about the importance of early detection.

During Breast Cancer Awareness Month—and throughout the year—it's important to encourage people to get regular mammograms, as the cancer can more easily be treated if caught early. The Susan G. Komen Foundation recommends a clinical breast exam at least every three years starting at age 25, and every year starting at age 40.

According to the Centers for Disease Control and Prevention (CDC), breast cancer is the most common cancer among women in the United States, aside from skin cancer. About one in eight women will develop breast cancer in their lifetime. The risk of breast cancer increases with age and can vary across different racial and ethnic groups.

Local healthcare providers in our community encourage residents to take time this October to schedule a screening and remind loved ones to do the same. Early detection saves lives.

For more information about breast cancer screening or to schedule a mammogram, contact your primary care physician to set up a diagnostic screening.

Copper Ridge Surgery Center is located at 4100 Park Forest Drive, Traverse City, Michigan. For further inquiries, please contact 231.392.8900 or visit www.surgerytc.com.

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